

# 5 STEPS TO BECOMING CSEP CERTIFIED

## 1. GET READY

- ✓ Review the certification requirements.
- ✓ Purchase required (for CSEP-CPT) and recommended CSEP-PATH® Resource Manual from [store.csep.ca](http://store.csep.ca).
- ✓ Consult the CSEP Recommended Course Maps: [csep.ca/rcm](http://csep.ca/rcm).

## 2. APPLY

- ✓ Submit and pay for your application to determine if you are eligible to pursue CSEP Certified Personal Trainer® (CSEP-CPT) or CSEP Certified Exercise Physiologist® (CSEP-CEP) certification.



*Wait for CSEP to review your application (2-3 weeks). If your application is not approved, we'll consult with you to determine if & how you can satisfy requirements.*

## 3. PREPARE FOR EXAMS

- ✓ It is **recommended** that you take a Skills Review session to help prepare for your exams. Choose the event that is best for you: [csep.ca/exams](http://csep.ca/exams).
- ✓ Review required and recommended study resources. Visit [store.csep.ca](http://store.csep.ca) and [csep.ca/onlinelearning](http://csep.ca/onlinelearning) for resources.

## 4. EXAMS

- ✓ Take your **Practical Exam** and **Theory Exam**. You choose the order you take the exams.



You have **6 months** from the date you pass your first exam to pass your second exam **and** register!



*Wait for final results on your exams. While you wait complete a First Aid course and ensure that you have completed CPR-C in the last 12 months.*

## 5. REGISTER

- ✓ Register to be a CSEP Certified member & begin enjoying all the member benefits including Professional Liability Insurance!
- ★ It can take up to 3 weeks to process your registration & mail your member package.



Canadian Society for Exercise Physiology

For a full list of requirements visit: [www.csep.ca](http://www.csep.ca)



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